

## Neighbor of the Month: Nikki Cahen



Nikki Cahen is known by her friends and community for her love of running. Running has been a part of her life, and of what she considers to be her identity, for the last 15 years. She lives here on Milwaukee's east side working at a local fitness club.

She prepared for her most recent run, 165 miles in 6 day, raising over \$12,000 to help fight multiple sclerosis, by reminding herself that every mile had a purpose-to help someone.

She says of MS, "Sounds like something I want to kick in the ass. So I do, through running. It is the biggest thing I can do to help those who have been dealt these unfair cards. My goal is to let my heart lead the way."

Thank you to Nikki and everyone else who takes the time to help people in any way they can.